



What's New in APRN Regulation

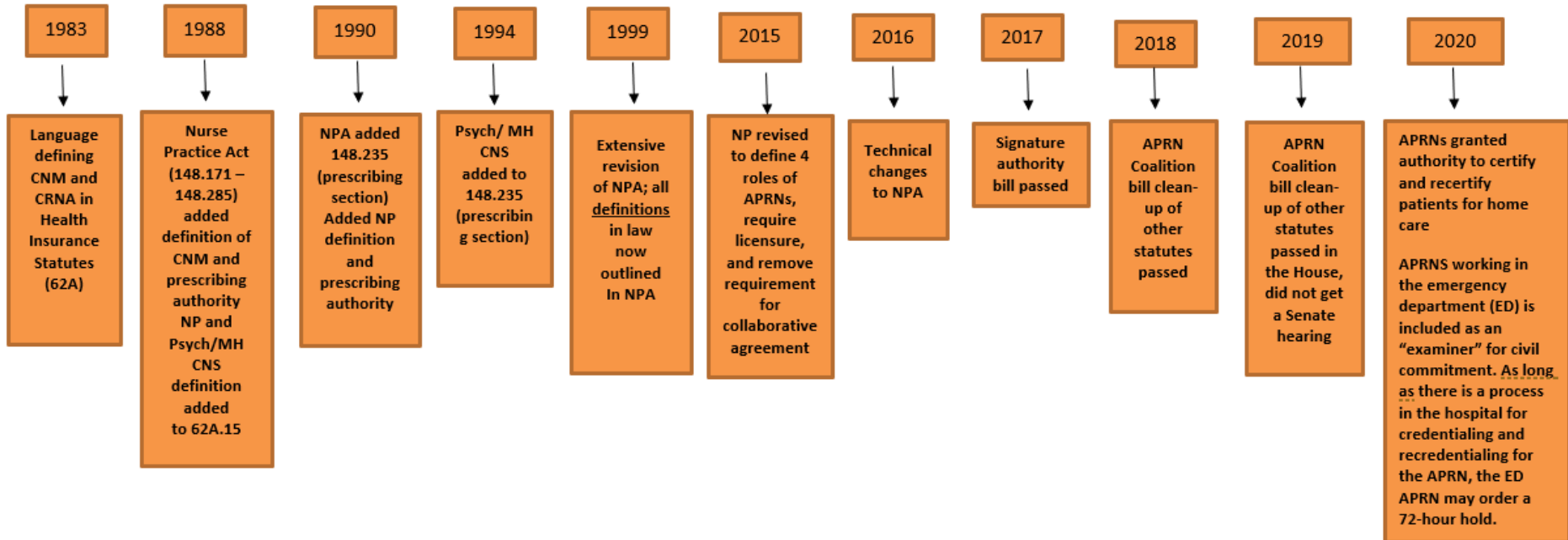
Julie Sabo PhD, RN, APRN, CNS, FCNS
Advanced Practice Nurse Specialist
Minnesota Board of Nursing

Objectives

- Define new regulations applicable to a licensed Minnesota APRN
- Discuss current topics applicable to APRNs in Minnesota

APRN Regulatory History

APRN Regulation Timeline



Board Updates

- Shirley A. Brekken MA, RN, FAAN retired June 2021
- New Executive Director Kim Miller MC, MSN, RN
- APRN Board Member Sakeena Futrell Carter DNP, APRN, CNM CNP (term expires 2024)

Board Updates

- EO 20-23 deferral of audits of continuing education
- EO 20-23 authorized the Board of Nursing to extend the 60-day expiration period for temporary permits issued to applicants for licensure by endorsement.
- EO 20-23 authorized the Board of Nursing to accept and process applications for licensure without submission by the applicant of a full set of fingerprints.
- EO 20-46 nurses who held an active license in good standing issued by another US jurisdiction, or the District of Columbia were authorized to render aid in Minnesota during the peacetime emergency.

Controlled Substance Statutes

- 2 hours of continuing education for prescribers of controlled substances for licensure renewal – due by December 31, 2022
- Mandatory PMP use under certain conditions
- DEA holders must have an active PMP account
- Free PMP education!
- 4 sessions
<https://www.pmp.pharmacy.state.mn.us/pmp-prescriber-education-sessions.html>

Other laws, rules, odds and ends

- Age Parameters for CNPs and CNSs

https://mn.gov/boards/assets/Scope_Practice_APRN_Age_Parameter_10-2020_tcm21-450409.pdf

- APRNs may order home care- MS§256B.0653 Sub. 4 includes APRN and PA authority to order home care including skilled nursing visits.

<https://www.revisor.mn.gov/statutes/cite/256B.0653>

- All APRNs may apply for a waiver to prescribe buprenorphine

<https://mn.gov/boards/nursing/practice/opioid-practice-resources/educ-opp-avlb-med-asstd-therapy.jsp>

Other laws, rules, odds and ends

- X-ray Statute & Rule Revisions

- Fluro supervision and “pushing the pedal”
- APRN practice includes “....ordering, performing, supervising, and interpreting diagnostic studies, excluding interpreting computed tomography scans, magnetic resonance imaging scans, positron emission tomography scans, nuclear scans, and mammography”
- Statute revised to all x-ray operators within the scope of their role as defined by statute
- <https://www.revisor.mn.gov/statutes/cite/144.121>

Other laws, rules, odds and ends

- APRN Compact
- NLC
- New graduate CNSs need a collaborative agreement with a licensed MN APRN or licensed physician
 - Practice of 2,080 hours in a hospital or integrated care setting where APRNs and physicians work together

Required Credentials:

- APRN, CNP
- APRN, CNS
- APRN, CRNA
- APRN, CNM

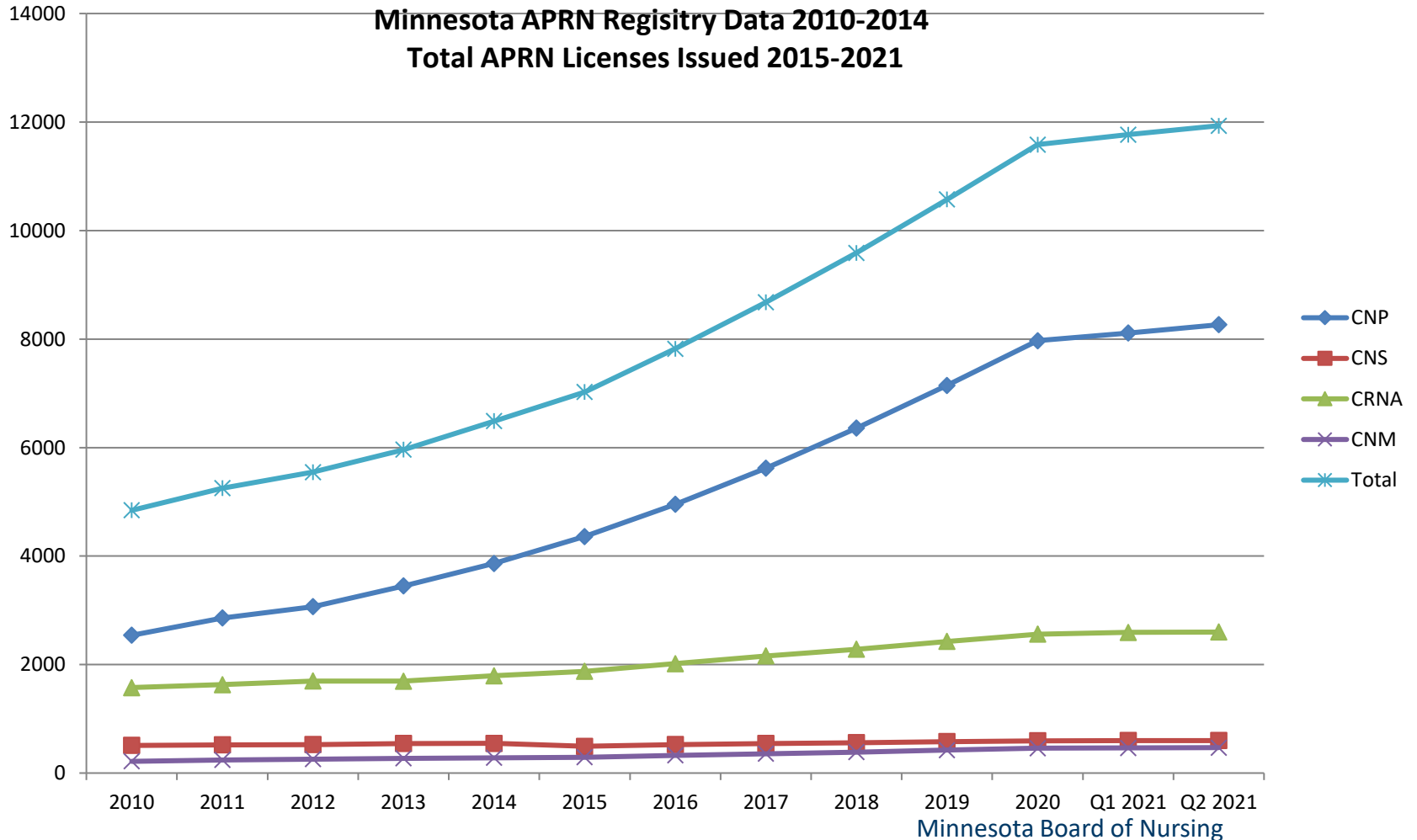
Suggestions for adding other credentials:

- DNP, RN, APRN, CNP, FNP-BC
- EdD, MN, RN, APRN, CNM
- PhD, RN, APRN, CRNA, CCRN

Total Active Licensed APRNs

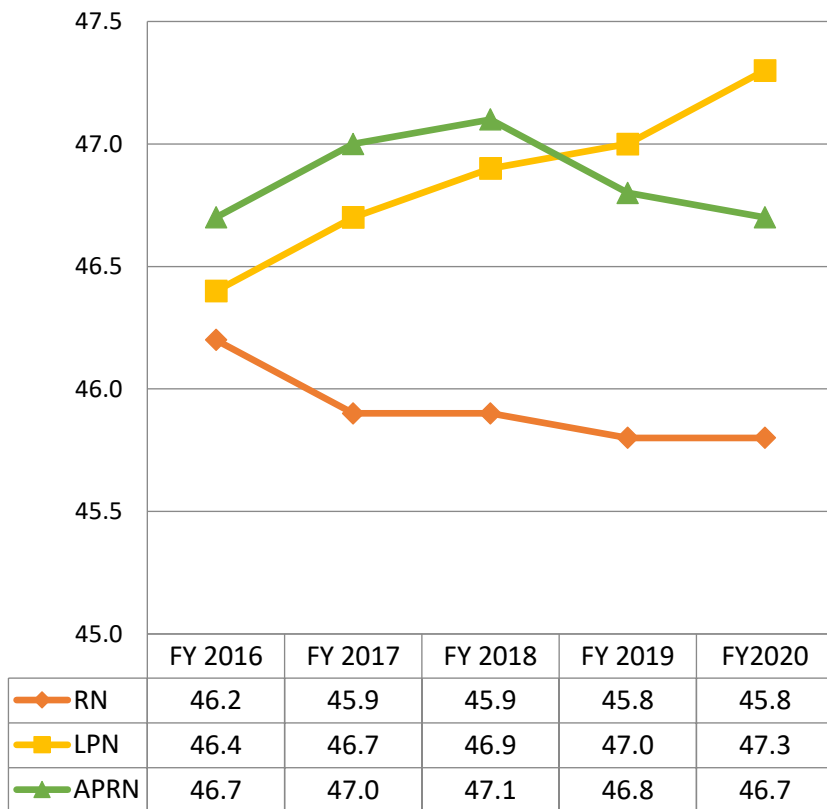
	Active	Issued
• CNM	399	483
• CNP	7,513	8,558
• CNS	463	600
• CRNA	2,185	2,611
• Total	10,560	12,252

Minnesota APRN Registry Data 2010-2014 and Total APRN Licenses Issued 2015-2018



APRN Age by Role

APRN, RN, LPN Average age,
FY 2016-2020



CNS Specific Age Ranges

20 - 25	0%
26 - 30	0%
31 - 35	6%
36 - 40	13%
41 - 45	10%
46 - 50	8%
51 - 55	10%
56 - 60	8%
61 - 65	21%
66 or older	25%

APRN Employment Status

Certification

• Adult	40%
• Adult/Geriatric	37%
• Psych (adult)	26%
• Psych (child/adolescent)	6%
• Geriatric	5%
• Pediatric	2%
• Neonatal	0%

Current Employment Status

• Full-time (32 or >h/wk)	70%
• Part-time (<32 hours)	13%
• Retired	8%
• Unemployed	4%
• Per diem/casual	5%
• Outside the state	1%

Reasons for Unemployment

• Disabled	67%
• Other	33%

Nurse Age by Role

Average Age and Number of Current Licensees 2016-2020

	FY 2016	FY 2017	FY 2018	FY 2019	FY 2020
RN	46.2 (101,531)	45.9 (107,323)	45.9 (109,251)	45.8 (113,562)	45.8 (116,220)
LPN	46.4 (22,694)	46.7 (22,095)	46.9 (21,512)	47 (21,214)	47.3 (20,580)
APRN	46.7 (7,155)	47 (7,948)	47.1 (8,521)	46.8 (9,086)	46.7 (9,803)

*Data for average age of licensees as of June 30, 2020. Per Annual Licensure Report 2020.

Age ranges for nurses with current licensure:

- LPN age range 18-89
- RN age range 19-90
- APRN age range 25-87

CNS Practice Location

Minneapolis or St. Paul	43%
Suburban (Roseville, Bloomington, Robbinsdale, etc)	16%
Other Urban areas (Rochester, St. Cloud, Moorhead)	32%
Small town	6%
Rural	3%

RN Practice Years

0	0%
1 year	3%
2 years	4%
3 – 5 years	21%
6 – 10 years	24%
>10 years	49%

APRN Practice Years

< 1 year	1%
1 year	6%
2 years	1%
3 years	6%
4 – 5 years	4%
6 – 10 years	15%
11 – 15 years	15%
16 – 20 years	13%
> 20 years	39%

Satisfaction

- CNSs are generally satisfied with their practice
- Some leaning towards less satisfaction with:
 - Proportion of time spent in patient care
 - Salary and benefits
 - Respect from other colleagues
 - Professional development
 - Practicing to the full extent of their scope
 - Sense of value for the work
 - Skills not fully utilized

APRN Plans to Retire

Less than 3 years	26%
3 – 5 years	22%
6 – 10 years	12%
11 – 20 years	22%
21 – 30 years	16%
More than 30 years	3%
Prefer not to answer	0%

CNS Program Enrollment

Name of Program Track	Number of Students Admitted to this Program Track	Number of Students Completing this Program Track	Maximum Number of Students Who Could be Enrolled at Any One Time in this Program Track
U of MN – Adult/Gerontology Clinical Nurse Specialist	8	4	30
U of MN – Pediatrics Clinical Nurse Specialist	3	0	15
Winona State University – Adult-Gerontology Clinical Nurse Specialist	12	6	45

Questions

- Julie Sabo, APRN
Specialist
612-317-3013

