

Minnesota
NACNS

Minnesota Affiliate of the
National Association of
Clinical Nurse Specialists

2021 Virtual Conference

*MN NACNS: Reconnecting and
Revitalizing CNSs in 2021*

**OCTOBER 1, 2021
8:00AM TO 5:00PM**

VIRTUAL CONFERENCE

COST

MN NACNS MEMBER \$40.00

NON-MEMBER \$ 75.00

CNS STUDENT \$25.00

**IF REGISTRATION IS COMPLETED BY
SEPTEMBER 24TH, 2021**

REGISTRATION AFTER SEPTEMBER 24TH, ADD \$20.00

CONFERENCE AGENDA

- 8:00-8:10 **Welcome**
Mary Gruber, APRN, CNS, MN NACNS President
- 8:10-9:10 Danielle Carlson, APRN, CNS & Lorina Welper, APRN, CNS: The Silent Pandemic: Covid-19 Ignites Substance Use Disorders
- 9:10-10:10 Justine Herndon, PA:
Gender Affirming Hormone Therapy for Transgender Patients (**Pharm Credit**)
- 10:10-10:25 **Pause**
Participants Stretch
- 10:25-11:25 Donna Springer, APRN, CNS:
COVID -19 Pandemic: The Unprecedented Pandemonium
- 11:25-12:05 **Lunch**
- 12:05-12:15 Annual Board Meeting. Includes presentation of the Mary Fran Tracy Award.
- 12:15-1:00 Julie Sabo, PhD, APRN, CNS:
What's New in APRN Regulation
- 1:00-2:00 Julia Jurgenson, DNP, APRN, CNS:
Weight Lost Medications: How can they help your patients? (**Pharm Credit**)
- 2:00-2:30 **Poster Presentations**
- 2:30-2:45 **Pause**
Participants Stretch
- 2:45-4:15 Panelists Discussion:
5 person panel discussion on the integration of the NACNS Spheres of Impact into novel CNS roles and practice settings
- 4:15-4:30 **Pause**
Participants Stretch
- 4:30-5:00 Jay Gottschalk, APRN, CNS:
Building Resilience in Yourself, Staff, and Leaders
- 5:00-5:15 Closing & CEU Information: Michael Petty, PhD, APRN, ACNS-BC & Jodi Hartwig, APRN, ACNS-BC

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Thank You

Once again, the MN NACNS is providing this conference virtually related to the Pandemic. We are hopeful to be live in 2022.

MN NACNS wishes to thank all members of the audience who participated to make this day possible.

Please plan to join us on October 1, 2021

CONTINUING EDUCATION CREDIT

Continuing Education Units (CEUs) for this conference are jointly provided by the Minnesota Affiliate of NACNS and the M Health Fairview ANCC Accredited Provider Unit. Participants who attend the virtual conference on October 1, 2021, will be awarded 6.00 CEU Two (2) of these contact hours can be submitted to meet the pharmacology requirements of certification.



A collaboration among the University of Minnesota,
University of Minnesota Physicians and Fairview Health Services

PLANNING COMMITTEE

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Ann Loth, DNP, APRN, ACNS-BC, APHN-BC, HWNC-BC

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Anna Bird, MA, APRN, ACNS-BC

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Please consider serving as the President Elect or Secretary or Student Rep on the 2022 MN NACNS Board of Directors

CONFERENCE PURPOSE

Promote Clinical Nurse Specialist practice from novice to expert by outlining contributions to healthcare in a variety of roles and settings. Offer a virtual opportunity for CNSs to connect across Minnesota.

LEARNING OUTCOMES

At the completion of this program, participants will be able to:

1. Describe various assessment tools for use by the CNS in their various populations to assess mental health status post-COVID.
2. Compare and contrast various settings of CNS practice and role implementation.
3. Articulate the various hormonal therapies used with the transgender population to enhance understanding and acceptance of population.
4. Select effective communication strategies to use when communicating with patients and families regarding COVID.

INFORMATION

Website: www.mnnacns.org

Registration – please complete online registration at above website. Once registered a link will be sent to you.

Handouts of presentations will be located on the MN NACNS Webpage (<http://mnnacns.org>), closer to the event date.