Volume 1 / Issue 1

PRESIDENT'S CORNER

Welcome to Spring 2023! Kudos to Ronda Nading, president-elect, for reinvigorating this newsletter!

At the recent NACNS Annual conference the call was clear to "Lead the Next Generation." With CNS programs & enrollment currently declining, what can YOU do to help frontline RNs & students decide to become a CNS? Be clear about your APRN education, your joys & challenges at work, and your vital role in bringing EBP to the bedside to improve patient outcomes. This is how we lead the next generation to become our future CNSs!

~ Pam Schmidt – 2023 President



MN NACNS Members enjoying lunch in Portland

NACNS ANNUAL CONFERENCE

The annual conference was held in Portland, Oregon March 8-11, 2023. There were ~ 500 attendees from across the United States and 2 CNS's from outside of the country. We had 16 attendees from the great state of Minnesota! It was an opportunity to network, connect and learn from colleagues. The theme for this year's conference was Advocacy and had 90+ educational sessions, two keynote speakers, 14 hours of pharmacology, six clinical lectures, four symposia and seven workshops and more than 80 posters!



Pictures above: Pam Schmidt, (President); Ronda Nading, (President-Elect); Emily Gorzycki (Student Rep); Sami Woehrle (Past Student Rep)

We had CNS's and CNS students from MN share their expertise in symposium and educational sessions as well as posters. Thank you for sharing the excellent work you have been doing.

Advocacy – for our patients, our nurses, our organizations, and YOU!

COMING SOON - VIRTUAL HAPPY HOUR

Tuesday April 11, 2023 for the next Networking Happy Hour Event! This event was created as a way to connect students to CNS's to offer guidance and provide a platform for practicing and retired CNSs in Minnesota to connect and share their knowledge.



CONGRATULATIONS

Rachel Moody, MS, CNS, RN, CENP – Nurse Administrator, Nursing Practice and Quality – Mayo Clinic, Rochester, MN was inducted into the Clincal Nurse Specialist Institue Fellows Program (CNSI).

The CNSI is a highly prestigious honor and only awarded to those members of the National Association of Clinical Nurse Specialists (NACNS) who epitomize the excellence of Clinical Nurse Specialist as leaders of the nursing profession, staunch advocates for patients and families, and forerunners of innovations to improve the health of populations. Congratuations Rachel on this prestigous award.

She joins other MN CNSI fellows of Laura Kitch, Carol Manchester, Mary Fran Tracy and Julie Sabo. Thank you all for your outstanding contributions to the CNS role.



COMING SOON! PHARMACOLOGY CONTACT HOURS

Timeframe is 6:30-7:30 and available via Zoom link. Register for these great events via https://mnnMNacns.wildapricot.org/events

- April 27, 2023 Med Safety
- May 2, 2023 Pediatric Behavioral Health
- May 4, 2023 Transplant Pharmacology
- May 11, 2023 Maternal HTN
- May 18, 2023 Weight Management

SAVE THE DATE:

Virtual Fall Conference – Friday October 6, 2023

Conference theme is Advocacy and LEAD – the next generation

DID YOU KNOW:

The NACNS <u>E.D.G.E</u> contains curated content for your unique role as a CNS to help advance your knowledge and skills. It's the official learning platform of NACNS to <u>E</u> (educate) <u>D</u> (develop) <u>G</u> (grow) and <u>E</u> (elevate) the CNS role! Check it out.

INTERESTED IN VOLUNTEERING?

The NACNS Organization is looking for <u>volunteers</u> for a variety of committees – please consider joining one of these committees and sharing your expertise.

MEMBER SPOTLIGHT

We want to hear from you. Each quarter we would like to highlight one of our members and the work he/she is doing related to nursing practice, education, or research. Please submit a brief (200 word) essay and photo of the work you have been doing to mncns.affiliate@gmail.com. This is available for both CNS and CNS students. Thank you!

QUESTIONS OR COMMENTS?

We want to hear from you! Email us at: mncns.affiliate@gmail.com

Respectfully submitted, Ronda Nading, 2023 President-Elect